

SOUTH ATLANTIC CARDIOVASCULAR SOCIETY



SACS 2023

SACS Annual Meeting

July 13-16, 2023 · Omni Amelia Island, Fernandina Beach, FL

An Invitation From Our Chairman



On behalf of the Steering Committee for the South Atlantic Cardiovascular Society (SACS), I invite you to join us July 13 – 16th, 2023 at Omni Resort Amelia Island for our 49th Annual Meeting.

Our meeting brings together cardiovascular specialists from the Southeast and beyond to discuss and debate challenging clinical cases in a relaxed environment. Leaders and innovators will present cases and facilitate discussions so we may learn from one another's successes and failures.

Topics on the 2023 program include long covid and the heart, HOCM, innovations in heart transplant, critical care cases, examinations of clinical trials and much more.

The Atrium Health SACS ACHD Symposium will be held in conjunction with SACS and will focus on topics directly related to Adult Congenital Heart Disease. These talks are held in the afternoons on Friday and Saturday, and registrants for both programs may attend all talks (SACS and ACHD).

Outside of the educational talks, the social activities are an important part of the conference, providing opportunities to bring families together and relax in a beautiful setting. My personal favorite is the Friday night family cookout at the beach.

For nearly 50 years, the meeting has evolved and grown but stayed true to the belief that learning from one another is what makes us successful. Our format is engaging, interactive and fun. I hope you'll join us at Amelia Island this year.

Leora Yarboro, MD



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ABOUT SACS

The South Atlantic Cardiovascular Society (SACS) is a not-for-profit, professional organization that works to promote the advancement of current knowledge and skills in the field of cardiovascular care, and improve cardiac patient care.

We accomplish this by providing an environment at our Annual Meeting which encourages cardiologists, cardiovascular surgeons, and APPs to engage in discussions regarding the optimal treatment of cardiac conditions – whether medical or surgical. SACS is governed by a Steering Committee of distinguished cardiologists, cardiovascular surgeons, and advanced practice providers. When developing each year’s program, the committee strives to identify and address the challenges cardiac care professionals face in their daily work, balancing this with a look for a future filled with evolving technologies.

The core of the organization is comprised of cardiac-care professionals in the South Atlantic states of Alabama, Florida, Georgia, North Carolina, South Carolina, Tennessee, Virginia and the District of Columbia. However, SACS is open to all cardiac healthcare professionals.



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CREDIT DETAILS

Date: July 13-16, 2023

Target Audience: This activity is intended for physicians, nurses, physician assistants, allied health professionals, and other members of the healthcare team.

Learning Objectives:

- Identify the regional active clinical trials.
- Recognize the unique presentation of disease in the ICU.
- List the strategies for the treatment of the aortic valve.
- Define the importance of the Multidisciplinary Heart Team in the process of Shared Decision Making (SDM) and optimal patient experience.
- Describe the diagnosis and management of hypertrophic obstructive cardiomyopathy (HOCM).
- Identify the strategies for the treatment of atrial fibrillation.
- Identify the innovations in heart transplantation.
- Differentiate the novel anticoagulants and reversal strategies.
- Discuss Cardiac Advanced Life Support (CALS) and implementation in the critical care setting.
- Describe the long-term complications of ACHD patients.
- Discuss the medical and surgical management of complex congenital heart diseases.
- Describe surgical complications in ACHD.
- Describe the importance of teamwork in the care of the ACHD patient.

ACCREDITATION

In support of improving patient care, this activity has been planned and implemented by MedStar Health and Georgetown University. MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



CREDIT DESIGNATION

This activity was planned by and for the healthcare team, and learners will receive 23.0 Interprofessional Continuing Education (IPCE) credits for learning and change.



Nurses: This activity is approved for 23.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Physicians: MedStar Health designates this enduring material for a maximum of 23.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants:

MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 23.0 AAPA Category 1 CME credits. Approval is valid until December 2025. PAs should only claim credit commensurate with the extent of their participation.



2023 CONFERENCE SUPPORTERS

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- Teleflex
- Terumo Aortic

ANNUAL MEETING DETAILS

The SACS Annual Meeting is an educational conference that features new and practical strategies related to the treatment of common and complex cardiovascular disease. Each year scientific information and timely topics are presented and debated in an interactive format.

Over the course of the three-day conference, participants and colleagues share knowledge, debate techniques and procedures, present case studies, and learn from one another in a relaxed, but never boring, open dialogue atmosphere.

Exhibitors and Sponsors are a critical component of our meeting. We invite and encourage you to attend all educational sessions and social events. Your participation is not limited to the exhibit hall! Share information on your products and services with some of the most influential cardiac care professionals from throughout the southeast. Be a part of the debate by attending the 2023 SACS Conference as a Sponsor or Exhibitor.



CONFERENCE QUESTIONS

If you have questions regarding the SACS 2023 Annual Meeting, please direct inquiries to:
South Atlantic Cardiovascular Society,
Attn: Barb Hill;
Email: sacs@bhevents.net;
Phone: 770-751-1461;
sacsconference.com

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Eileen Dearth, PA-C
John Kern, MD
Angela Taylor, MD
Behnam Tehrani, MD
Leora Yarboro, MD

ABOUT OUR LEADERSHIP

Board members play a key role in our annual conference.



CHAIRMAN, SACS 2023
LEORA YARBORO, MD

University of Virginia Heart & Vascular Center,
Charlottesville, VA

Leora Yarboro, MD, serves as a Cardiac Surgeon at the University of Virginia Heart and Vascular Center. Dr. Yarboro completed her fellowship in cardiothoracic surgery at UVA and following that became a member of the cardiac surgeon team. Dr. Yarboro's work entails a high volume and variety of cases. Much of her work includes minimally invasive surgery, as well as mechanical circulatory assist device surgeries used in patients with advanced heart failure. She completed specialized training in Germany several years ago using new Ventricular Assist Device (VAD) technology.



VICE CHAIRMAN, SACS 2023
BILL DIXON, MD

Southern Medical Group, P.A.,
Tallahassee, FL

Dr. Dixon attended Medical School at the Medical College of Wisconsin in Milwaukee, Wisconsin. He completed his Internship, Residency, and Fellowship at Brooke Army Medical Center in Fort Sam Houston, Texas. In addition, he completed an Interventional Cardiology Fellowship at Duke University Medical Center in Durham, North Carolina.

His certifications include the American Board of Internal Medicine in Internal Medicine and Cardiovascular Disease with added qualifications in Interventional Cardiology. He is also certified by the Board of Nuclear Cardiology.

He currently practices at Southern Medical Group, P.A., and holds privileges at Tallahassee Memorial HealthCare.

PRELIMINARY CONFERENCE AGENDA

Tentative; subject to change

THURSDAY, JULY 13TH

3:00pm --4:00pm

Steering Committee Meeting –
Ossabaw

4:30pm --5:00pm

Meet and Greet with
Exhibitors to kick off
SACS 2023

Join us for a casual meet and greet
in the foyer space with light
refreshments while the fellows
also showcase their posters
Magnolia Foyer

5:00pm --6:30pm

Workshop: The Heart
of the Matter

5:00pm --5:05pm

Welcome
Eileen Dearth, PA-C &
Amy Simone, PA-C
Magnolia E,F,G

5:05pm --5:20pm

Clinical Research Trials:
Paving the Road for Future
Therapies

Moderator; Leora Yarboro, MD
Speaker: Vinod Thourani, MD

5:20pm --5:35pm

The Heart Team in Action:
Electrophysiology in the
Real World –

Moderator: Amy Simone, PA-C

Panelists: Krista Allshouse, PA-C &
Lora Raines, PA-C

5:40pm --6:30pm

Cases and Cocktails: Impact
of the Heart Team –

Introduction: Eileen Dearth, PA-C

1. Valvular Disease in Pregnancy -
Amy Simone, PA-C
2. Cardiology Case -
Catherine Shah, NP
3. Surgical Case -
Tara Stump, PA-C

6:30pm --7:30pm

Opening Reception
Sunset Café / Terrace



FRIDAY, JULY 14TH

6:00am --5:30pm

Registration
Magnolia Foyer

6:00am --12:05pm

Industry Colleague Exhibits
Magnolia Foyer

6:00am --7:00am

Breakfast with Exhibitors
Magnolia Foyer

7:00am --7:05am

WELCOME
Leora Yarboro, MD
Magnolia Ballroom E,F,G

7:05am --7:30am

Long Covid and the Heart
Moderators: Jorge Alegria, MD
& Dermont Phelan, MD
Speaker: Leslie Cooper, MD

PRELIMINARY CONFERENCE AGENDA

Tentative; subject to change

7:30am --8:10am

CABG: How Low is Too Low and How do you Know?

Moderator: Jim Stewart, MD
Speakers: Chris Ray, MD, Nicolas Pope, MD, & Amit Patel, MD

8:10am --8:35am

CALS Talk

Moderator: Kierah Barnes, MSN
Speakers: Allison Kirkner, NP & Casey Sweet, NP

8:35am --9:05am

Acute PE

Moderator: Robert Leonardi, MD
Speakers: Wissam Jaber, MD & Andres Vargas, MD

9:05am --9:35am

Break with Exhibitors

Magnolia Foyer

9:35am - 10:05am

HOCM: Medical Workup and Treatment

Moderators: Dermot Phelan, MD & Olivia Gilbert, MD
Speakers: Matt Martinez, MD & Michael Ayers, MD

10:05am --10:35am

HOCM: Cath/Surgical Management

Moderators: Don Glower, MD & Olivia Gilbert, MD
Speakers: Mike Ragosta, MD & John Kern, MD

10:35am --11:05am

Innovations in Heart Transplant

Moderators: Leora Yarboro, MD & Mickey Ising, MD
Speaker: Ezequiel Molina, MD

11:05am --11:35am

Adult Congenital Cases

Panelists: Curt Fudge, MD, Brian Kogon, MD, & Jay Gangemi, MD
Speakers: Emily Downs, MD & Tom Maxey, MD

11:35am --12:05pm

Cath Lab Catastrophies

Moderator: Andy Taussig, MD
Speakers: Angela Taylor, MD, Mike Ragosta, MD, & Bill Dixon, MD

1:00pm --6:00pm

Atrium Health SACS ACHD Symposium

Magnolia Ballroom E,F,G

1:00pm

Golf (must be registered)

Oak Marsh

1:30pm - 3:30pm

Pickleball

SACS has reserved two pickleball courts. We will have a pro from 1:30pm - 2:00pm to get games started (round robin format), then stay and play with fellow attendees!

2:00pm - 4:00pm

Tennis

6:00pm --8:30pm

Family Cookout at the Beach

Oceanside Beach



PRELIMINARY CONFERENCE AGENDA

Tentative; subject to change



SATURDAY, JULY 15TH

6:00am --6:00pm

Registration

Magnolia Foyer

6:00am --12:10pm

Industry Colleague Exhibits

Magnolia Foyer

6:00am --7:00am

Breakfast with Exhibitors

Magnolia Foyer

WELCOME

Magnolia Ballroom E,F,G

7:00am --7:30am

Case Based

Cardiomyopathies

Moderator: Farooq Sheikh, MD
Speakers: Catherine Marti, MD & Anthony Carnicelli, MD

7:30am --8:15am

Complex Aortic Cases

Moderators: John Frederick, MD & Jorge Alegria, MD
Speakers: Alberto Pochettino, MD & Tom Martin, MD

8:15am --8:45am

Catheter based versus Surgical Management of Atrial Fibrillation in 2023

Moderator: Curtis Bryan, MD
Speakers: Brian Powell, MD & Christian Shults, MD

8:45am --9:15am

Management of the Left Atrial Appendage - Do No Harm

Moderator: Patrick Murrah, MD
Speakers: Eric Okum, MD & Jim Stewart, MD

9:15am --9:40am

Break with Exhibitors

Magnolia Foyer

9:40am --10:10am

Role of National Societies

Moderators: David Ike, MD & Leora Yarboro, MD
Speakers: Irv Kron, MD, John Calhoon, MD, Fred Kusumoto, MD, & Hadley Wilson, MD

10:10am --10:40am

Controversies in TAVR

Moderator: Bill Dixon, MD
Speakers: Kimberly Holst, MD & Thomas Caranasos, MD

10:40am --11:10am

Lifetime Management of Mitral Valve Disease

Moderators: Don Glower, MD & Kevin Accola, MD
Speakers: Daniel Steinberg, MD & Kenan Yount, MD

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PRELIMINARY CONFERENCE AGENDA

Tentative; subject to change

11:10am –11:40am
Women’s Heart Health – Case Based
Moderators: Kathy Economy, MD & Amy Simone, PA-C
Speakers: Esther Kim, MD & Patricia Rodriguez, MD

11:40am –12:10pm
Surgical Catastrophes
Moderator: Kevin Accola, MD
Speakers: Trent Magruder, MD, Sloane Guy, MD & Jared Beller, MD

1:00pm –6:00pm
Atrium Health SACS ACHD Symposium
Magnolia Ballroom E,F,G

1:30pm - 3:30pm
Pickleball
SACS has reserved two pickleball courts. We will have a pro from 1:30pm - 2:00pm to get games started (round robin format), then stay and play with fellow attendees!

2:00pm - 4:00pm
Tennis

6:30pm
ACHD Reception and Dinner
Sunrise Café / Terrace

6:30pm –10:00pm
Youth Party (must be pre-registered)
Magnolia D

7:00pm –10:00pm
Reception and Dinner
Walker’s Landing
Hotel shuttles will be transferring attendees to Walker’s Landing 6:45pm - 7:15pm at the Conference Center Parking Lot (just outside the Magnolia Ballroom Doors). If you are headed to the venue outside of these times, you can obtain a shuttle from the front drive of the hotel, or by dialing ‘0’ on your phone inside the villas. Shuttles will be available to return from Walker’s Landing starting at 9:30pm, or by letting a hotel associate know at the event if you need to head back earlier. Note: Parking is limited at Walker’s Landing.

SUNDAY, JULY 16TH

7:00am– 8:00am
Steering Committee Meeting
Ossabaw

7:30am –10:00am
Industry Colleague Exhibits
Magnolia Foyer



7:30am –10:00am
Coffee Break
Magnolia Foyer

8:00am –8:30am
Critical Care Cases: Perioperative Management of Antithrombotic Therapy
Moderator: Leora Yarboro, MD
Speaker: Jerrold Levy, MD

8:30am –9:30am
Case of the Year

9:30am –11:00am
Farewell Brunch
Ballroom A,B,C,D

ACCOMMODATIONS

2023 VENUE: OMNI AMELIA ISLAND

All SACS Housing is Ocean View!



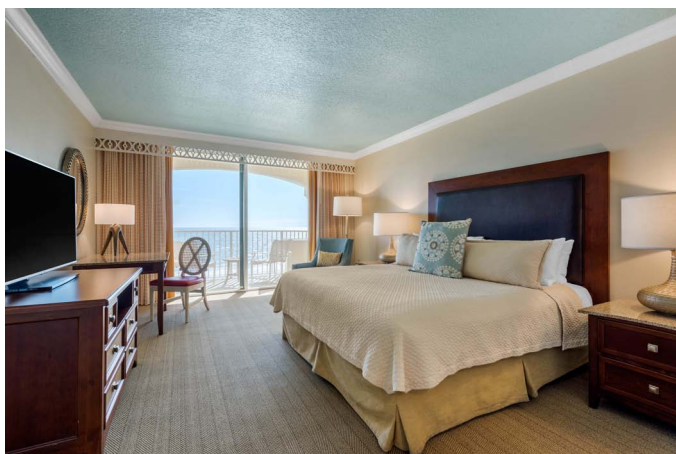
Between the beaches of the Atlantic and the Intracoastal Waterway lies a secluded 1,350-acre paradise offering an unsurpassed resort-community experience.

Whether you’re drawn to our unspoiled natural setting amidst live oaks dripping with Spanish moss and the green marshlands between the Intracoastal Waterway, or the 3.5 miles of private, uncrowded beach, Amelia Island is the island haven you’ve been looking for.

Amelia Island Resort offers full-service spa, boutique shopping, dining, biking and walking trails, golf courses, a renowned tennis center, and Health & Fitness Center.



HOUSING OPTIONS



HOTEL OCEANVIEW ROOM

Over 420 square foot rooms offer either one king or two queen beds along with breathtaking views of the ocean (and some with resort poolscape *and* ocean views). Hotel rooms have a 55" TV, working desk, convenience ports and outlets, and a furnished balcony.

The beautiful natural surroundings are ever-present, including the views of the expansive tree canopy and sunset from the open-air breezeway that leads you to your guest room.

Click [HERE](#) to Reserve a Room
or visit www.sacsconference.com
SACS Special Rate: \$299
plus \$15 nightly resort fee (and taxes)

We anticipate high demand again in 2023 so please book early for best rates.

Additional nearby accommodation options include:

Ritz-Carlton Amelia Island (3 ½ Miles)
 Hampton Inn Amelia Island at Fernandina Beach (7 Miles)
 Residence Inn by Marriott Amelia Island (7 Miles)
 Courtyard and Springhill Suites Amelia Island (9-10 Miles)



THE VILLAS OF AMELIA ISLAND

Tucked away between the beaches of the Atlantic and the Intra-coastal Waterway, these privately owned condos feel like home away from home. Over 1,300 acres of secluded paradise and an unsurpassed resort experience await you. Whether you come to relax on our three and a half miles of private, uncrowded beach, to reconnect with nature in unspoiled surroundings, or whether you want to be pampered by our many luxury amenities – like championship golf, a full-service spa, fine dining and a renowned tennis center – Omni Villas of Amelia Island has something to offer you. Each villa comes with a full kitchen for your use during your stay, and has its own pool scape specifically for that Villa Complex. Please ensure to notate any specific bedding requirements in the comments section.

Click [HERE](#) to Reserve a Villa
or visit www.sacsconference.com

SACS Special Rates:
Oceanfront one BR villa - \$339
Oceanfront two BR villa - \$479
Oceanfront three BR villa - \$549
***Plus \$15 Nightly Resort Fee (and taxes)**



REGISTRATION

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or visit www.sacsconference.com

If you have questions please contact barb@bhevents.net.

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