

SOUTH ATLANTIC CARDIOVASCULAR SOCIETY
ATRIUM HEALTH SACS ACHD SYMPOSIUM

2024 ACHD



SACS 50th Annual Meeting
Atrium Health SACS ACHD 4th Annual Symposium
July 18th-21st, 2024 • Wild Dunes Resort, Isle of Palms, SC

An Invitation From Our Chairs

The South Atlantic Cardiovascular Society was established over 50 years ago with the goal of bringing cardiologists, cardiac surgeons, APP's and other specialists together to discuss complex clinical cardiovascular cases and the factors that impact our patients.

In July 2021, we held our first South Atlantic Cardiovascular Society Adult Congenital Heart Disease Focus Sessions. Close to 40 participants discussed ACHD topics in a very interactive and collegial form during that inaugural meeting. The feedback from the first and subsequent ACHD Focus Sessions has been extremely positive and set the stage for annual ACHD meetings.

Our goal is to create and provide an environment of learning based on the discussion regarding complex congenital heart disease cases and foster professional relationships amongst ACHD Care Teams from the Southeast and beyond.

We hope that you can join us and look forward to seeing you in South Carolina, July 18th-21st!



ACHD Co-Chairs
Arwa Saidi, MB BCh & Jorge Alegria, MD

Thanks to our 2024 ACHD Supporting Institutions



ABOUT SACS

The South Atlantic Cardiovascular Society (SACS) is a not-for-profit, professional organization that works to promote the advancement of current knowledge and skills in the field of cardiovascular care, and improve cardiac patient care.

We accomplish this by providing an environment at our Atrium Health SACS ACHD Symposium which encourages cardiologists, cardiovascular surgeons, and APPs to engage in discussions regarding the optimal treatment of cardiac conditions – whether medical or surgical. SACS is governed by a Steering Committee of distinguished cardiologists, cardiovascular surgeons, and advanced practice providers. When developing each year's program, the committee strives to identify and address the challenges cardiac care professionals face in their daily work, balancing this with a look for a future filled with evolving technologies.

The core of the organization is comprised of cardiac-care professionals in the South Atlantic states of Alabama, Florida, Georgia, North Carolina, South Carolina, Tennessee, Virginia and the District of Columbia. However, SACS is open to all cardiac healthcare professionals.



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ABOUT ATRIUM HEALTH



Atrium Health is a nationally recognized leader in shaping health outcomes through innovative research, education and compassionate patient care. Based in Charlotte, North Carolina, Atrium Health is an integrated, nonprofit health system with more than 70,000 teammates serving patients at 40 hospitals and more than 1,400 care locations. Atrium Health is part of Advocate Health, the fifth-largest nonprofit health system in the United States, which was created from the combination with Advocate Aurora Health.

Atrium Health Sanger Heart & Vascular Institute has been committed to delivering world-class cardiovascular care for more than 50 years. Nationally and internationally recognized experts provide patients access to the most comprehensive care, ranging from general cardiology to the highest surgical complexity, including adult and pediatric heart transplant programs. The highly specialized care includes the only heart transplant program in the Charlotte region and the only program in the Southeast to offer minimally invasive heart bypass surgery.

Atrium Health Levine Children's in Charlotte, NC, provides an unmatched level of expert care in more than 30 areas of pediatric medicine. As the largest children's hospital between Atlanta and Washington, DC, they have been named a Best Children's Hospital by U.S. News & World Report for 15 years, making them the only children's hospital in the region to be nationally recognized. They are ranked in multiple pediatric specialties, including cardiology & heart surgery. Levine Children's Congenital Heart Center is the region's premier cardiac program, caring for patients from in-utero all the way through adulthood, with the region's only pediatric heart surgery program, pediatric cardiovascular intensive care unit and cardiac neurodevelopmental program.

ATRIUM HEALTH SACS ACHD SYMPOSIUM PROGRAM PLANNING COMMITTEE

Jorge Alegria, MD

Atrium Health Sanger Heart & Vascular Institute
Atrium Health Levine Children's

Alexander Ellis, MD

Children's Hospital of the King's Daughters

Greg Fleming, MD

Duke Health

Yuli Kim, MD

Penn Medicine

Richard Krasuski, MD

Duke Health

Thomas Maxey, MD

Atrium Health Sanger Heart & Vascular Institute
Atrium Health Levine Children's

Juan Ortega-Legaspi, MD

Penn Medicine

Douglas Overbey, MD

Duke Health

Joseph Paolillo, MD

Atrium Health Sanger Heart & Vascular Institute
Atrium Health Levine Children's

Anna Peek, NP

Vanderbilt Health

John Rhodes, MD

Medical University of South Carolina

Rusty Rodriguez, MD

Emory Healthcare

Arwa Saidi, MB

University of Florida

Matthew Schwartz, MD

Atrium Health Sanger Heart & Vascular Institute
Atrium Health Levine Children's

John Serfas, MD

Duke Health

Anne Marie Valente, MD

Boston Children's Hospital

Angela Weingarten, MD

Vanderbilt Health

Angel Whitlow, MSN FNP-C

Atrium Health Sanger Heart & Vascular Institute
Atrium Health Levine Children's

ABOUT OUR LEADERSHIP

Board members play a key role in our annual conference.



CO-CHAIR, ACHD 2024

JORGE R. ALEGRIA, MD,

**Atrium Health Sanger Heart &
Vascular Institute**

**Atrium Health Levine Children's
Charlotte, NC**

Jorge Alegria, MD, serves as medical director of the adult congenital heart disease program at Atrium Health Sanger Heart & Vascular Institute and Atrium Health Levine Children's. He is also the co-director of the Marfan syndrome and aortopathy clinics. Dr. Alegria's practice is based on the care of adults with congenital heart diseases, general cardiology patients and echocardiography. Dr. Alegria is an active member of the North Carolina ACC Chapter as a councilor and leads the North Carolina American College of Cardiology — Chilean Cardiovascular Society Twinning Program.



CO-CHAIR, ACHD 2024

**ARWA SAIDI, MB, BCH, M.ED,
FACC**

**University of Florida
Gainesville, FL**

Arwa Saidi, MB, BCh. M.Ed, FACC, is an adult congenital cardiologist at the University of Florida in Gainesville. She is the Past Chair of the adult congenital and pediatric cardiology section of the American College of Cardiology and of the Medical Advisory Board of the Adult Congenital Heart Association. Her clinical interests include adult congenital heart disease, cardio-obstetrics and transition care.

PRELIMINARY AGENDA

Tentative; subject to change

FRIDAY, JULY 19TH

12:00pm - 1:00pm

ACHD Luncheon

1:00pm - 1:05pm

Welcome

Arwa Saidi, MB

1:05pm - 1:20pm

ACHD HF Case

Speaker: David Briston, MD

Moderators: Juan Ortega, MD,
Joe Mishkin, MD,
Jonathan Menachem, MD

1:50pm - 2:20pm

ACHD Surgical Cases

Speakers: Minoo Kavarana, MD,
Doug Overbey, MD

Moderators: Thomas Maxey, MD,
Tom Martin, MD

2:20pm – 3:05pm

The Ross Procedure Case Based Yes /No

Speakers: Christian Pizarro, MD,
Jay Gangemi, MD

Moderators: Brian Kogon, MD,
John Frederick, MD,
Faris Al-Mousily, MD

3:05pm – 3:20pm

Refreshment Break

3:55pm – 4:30pm

ACHD Heart Transplant: Surgical Cases

Speakers: Stephanie Fuller, MD,
Sumeet Vaikunth, MD

Moderators: Brian Kogon, MD,
Thomas Maxey, MD, Daily Gregg, MD

4:30pm – 5:00pm

Atrial Septal Defect Interventions: Devices and Robotic/Minimally Invasive Closure

Speakers: Douglas Overbey, MD,
Richard Krasuski, MD

Moderators: Jay Gangemi, MD; Tom
Maxey, MD & John Rhodes, MD

5:00pm – 6:00pm

Pregnancy and Infertility in ACHD

Speakers: Kathy Economy, MD,
Kelecia Brown, MD,
Anne Marie Valente, MD

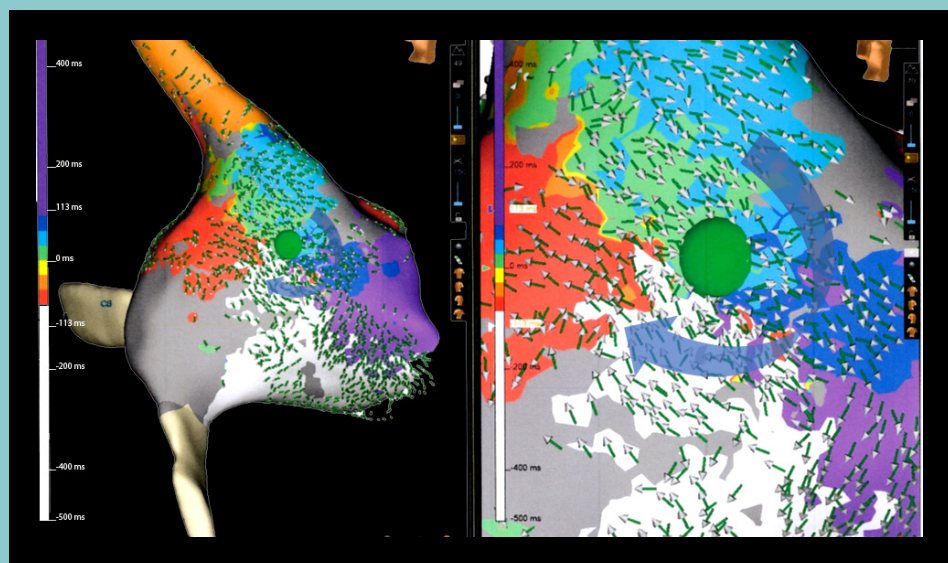
Moderators: Sabrina Phillips, MD,
Michael Earing, MD, Lynda Tobin, NP

6:00pm - 6:20pm

The Adult Congenital Heart Association: From the Beginnings to Current Times

Speakers: Ms. Danielle Hile,
Paula Miller, MSN, RN

Moderators: Arwa Saidi, MB
Jorge Alegria, MD, Ana Peek, NP



1:20pm - 1:50pm

ACHD Pulmonary Hypertension - Lessons Learned Case Based

Speaker: Ali Zaidi, MD

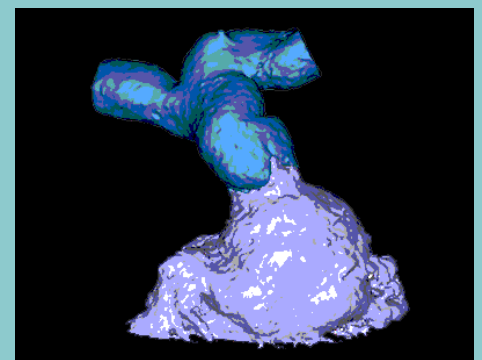
Moderators: Richard Krasuski, MD,
Michael Earing, MD,
Devyani Chowdhury, MD

3:20pm – 3:55pm

ACHD Heart Failure Cases: Choosing the Right Therapies

Speakers: Katia Bravo, MD,
Karen Stout, MD

Moderators: Joseph Mishkin, MD,
Juan Ortega, MD,
Jonathan Menachem, MD,
Gonzalo Wallis, MD



PRELIMINARY AGENDA

Tentative; subject to change

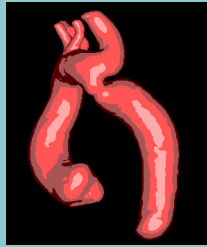
SATURDAY, JULY 20

12:00pm - 1:00pm

ACHD Luncheon

Welcome

Jorge Alegria, MD



1:00pm - 1:30pm

Pacing and AICDs Complex Problems and Approaches

Speaker: Samuel Asirvatham, MD

Moderators: Randy Bryant, MD,
Mohammad Al-Mousily, MD

1:30pm - 2:00pm

AHCD Arrhythmias: Mapping and Ablation Strategies

Speaker: Samuel Asirvatham, MD

Moderators: Lanier Jackson, MD,
Randy Bryant, MD, Nicole Cain, MD

2:00pm - 2:30pm

Heart Transplantation in ACHD: How and When to List

Speakers: Jonathan Menachem, MD,
Juan Ortega, MD

Moderators: Joel Hardin, MD,
Rusty Rodriguez, MD,
Angela Weingarten, MD,
Richard Krasuski, MD

2:30pm - 3:00pm

Cardiogenic Shock in ACHD and Mechanical Circulatory Support

Speakers: Ben Frischhertz, MD,
Karen Stout, MD

Moderators: Joe Mishkin, MD,
Gonzalo Wallis, MD, Jay Gangemi, MD,
Jonathan Menachem, MD

3:00pm - 3:15pm

Refreshment Break

3:15pm - 3:45pm

Novel Therapies in Hypertrophic Cardiomyopathy

Speaker: Randall Bryant, MD

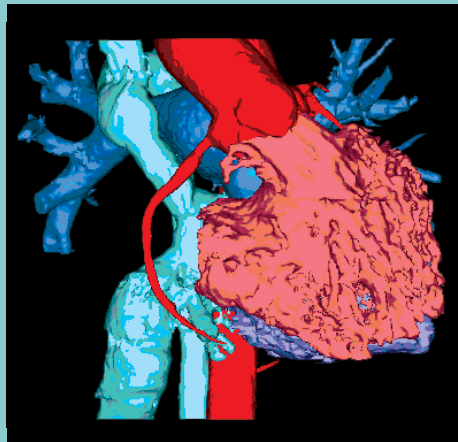
Moderators: Gonzalo Wallis, MD;
Alexander Ellis, MD;
Rusty Rodriguez, MD,
Adrian Moran, MD

3:45pm - 4:15pm

ACHD Percutaneous Valve Cases. Choosing the Right Valve

Speaker: Jamil Aboulhosn, MD

Moderators: Greg Fleming, MD
Alexander Ellis, MD

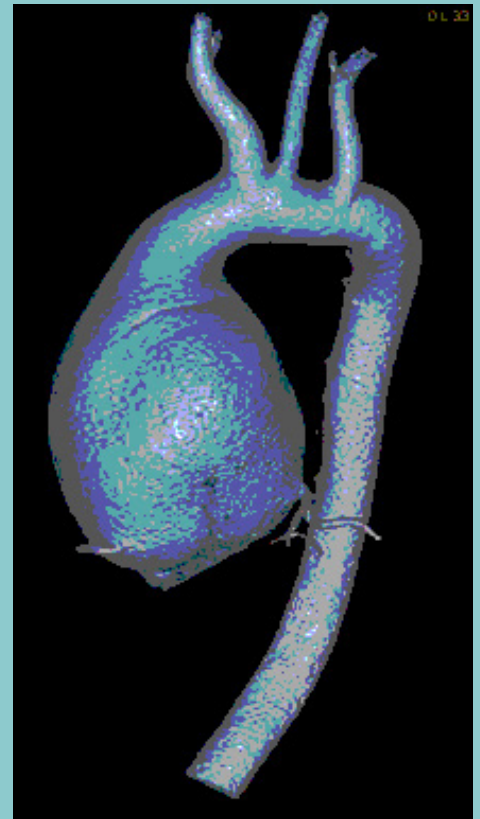


4:15pm - 4:45pm

Palliative Care: Addressing the Psychological and Spiritual Needs of ACHD Patients

Speaker: Adrienne Kovacs, PhD

Moderators: Paula Miller, MSN,
Arwa Saidi, MB
Ali Zaidi, MD,
Angel Whitlow, MSN FNP-C



4:45pm - 5:15pm

Aortic Coarctation: Percutaneous and Surgical Strategies

Speakers: Halim Yammine, MD,
Curt Fudge, MD

Moderators: Jamil Aboulhosn, MD,
Minoo Kavanar, MD

5:15pm - 6:00pm

The One ACHD Case I Would Like You to Know About

Speakers: Josh Saef, MD,
Andrew Dailey-Schwartz, MD

Moderators: Karen Stout, MD,
Katia Bravo, MD
Alexander Ellis, MD

CONTINUING EDUCATION CREDIT DETAILS

Date: July 18-21, 2024

TARGET AUDIENCE

This activity is intended for physicians, nurses, physician assistants, allied health professionals, and other members of the healthcare team.

LEARNING OBJECTIVES

- Identify the regional active clinical trials.
- Recognize the unique presentation of disease in the ICU.
- List the strategies for the treatment of the aortic valve.
- Define the importance of the Multidisciplinary Heart Team in the process of Shared Decision Making (SDM) and optimal patient experience.
- Describe the diagnosis and management of hypertrophic obstructive cardiomyopathy (HOCM).
- Identify the strategies for the treatment of atrial fibrillation.
- Identify the innovations in heart transplantation.
- Differentiate the novel anticoagulants and reversal strategies.
- Discuss Cardiac Advanced Life Support (CALS) and implementation in the critical care setting.
- Describe the long-term complications of ACHD patients.
- Discuss the medical and surgical management of complex congenital heart diseases.
- Describe surgical complications in ACHD.
- Describe the importance of teamwork in the care of the ACHD patient.

ACCREDITATION

In support of improving patient care, this activity has been planned and implemented by MedStar Health and the South Atlantic Cardiovascular Society. MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CREDIT DESIGNATION

This activity was planned by and for the healthcare team, and learners will receive 21.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

NURSES:

This activity is approved for 21.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICIANS:

MedStar Health designates this live activity for a maximum of 21.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

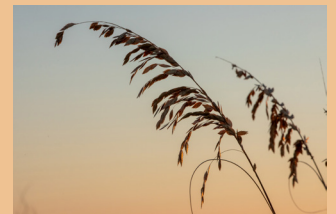
PHYSICIAN ASSISTANTS:

Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.

This activity is designated for 21.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



2024 VENUE: WILD DUNES



Wild Dunes offers a variety of accommodations, whether you are looking for a hotel room, suite, or condo. Take advantage of their award-winning golf courses, tennis courts, swimming pools, on-site dining, and outdoor adventures.

ROOM SPECIFICS

Junior Suites at The Boardwalk Inn have a pool view and a separated bedroom from the living room.

The Residences Suites include kitchens and washer/dryers. They sit above the retail shops and restaurants in the Core of the Resort, near all amenities and across from the Convention Center.

The Condos include full kitchens and washer/dryers but can be located throughout the Resort (complimentary Resort transportation is offered).

Most units are blocked Thursday – Sunday, so call early for best selection (we do have a limited number pre/post conference dates).

To receive the discounted rates for SACS, please call either of the numbers below and state you are with the South Atlantic Cardiovascular Society meeting with the **Group Code G-Z960**:

Hotel Rooms: 866-359-5593, Option #2
Suites or Condos: 877-624-3654

| | |
|---|-----------------|
| Hotel Rooms | \$359.00 |
| (Run of House at either Sweetgrass Inn, Residences at Sweetgrass, or Boardwalk Inn) | |
| Junior Suites at The Boardwalk Inn | \$369.00 |
| One Bedroom Suite at The Residences | \$369.00 |
| Two Bedroom Suites at The Residences | \$472.00 |
| Three Bedroom Suites at The Residences | \$575.00 |
| Two Bedroom Condo | \$451.00 |
| Three Bedroom Condo | \$555.00 |

Please note the rates above do not include taxes or Resort Fee.

ACCOMMODATIONS / REGISTRATION



REGISTRATION

Click [HERE](#) to Register to Attend the Atrium Health SACS ACHD Symposium or visit www.sacsconference.com. If you have questions please contact heather@sacsconference.com.



Atrium Health

